

ABSTRACT

THE EFFECT OF SELF-ESTEEM ON TOXIC RELATIONSHIPS STUDENT OF STAIMA AL-HIKAM, MALANG

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The background of this research is that there are students of STAIMA Al-Hikam, Malang who feel pressure in friendship (circle), coercion, being looked down upon and violence in a relationship, this shows that there is an unhealthy relationship. Unhealthy relationships can arise from relationships between friends, friends, family, parents or relationships without status. So this study aims to determine whether there is an influence of self-esteem on the toxic relationship of students of STAIMA Al-Hikam, Malang. This research approach uses a quantitative approach. The population in this study were 214 students of STAIMA Al-Hikam, Malang. The sample in this study was 140 students of Islamic Education Management Study Program using the Simple Random Sampling Technique. Measuring tools used in data collection using self-esteem scale and toxic relationship scale. The analysis technique uses simple regression analysis. The results of the analysis of the correlation test data (r) amounted to 0.331, which means that the direction of the relationship between self-esteem and toxic relationships is in the low category. The results of this study indicate that there is an effect of self-esteem on the toxic relationship of students at STAIMA Al-Hikam, Malang. This is shown by the calculation of the F-test with an F-count value of 21.942 > F-table 3.91. Thus F-count > 3.91, it is stated that there is an effect of self-esteem on toxic relationships. Thus the hypothesis which states that there is an effect of self-esteem and a toxic relationship is "accepted" with the distribution of the determinant coefficient (r²) of 0.11%.

Keywords: Self-esteem, Toxic relationship, Student.

INTISARI

PENGARUH HARGA DIRI TERHADAP *TOXIC RELATIONSHIP* MAHASISWA STAIMA AL-HIKAM, MALANG

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Latar belakang dari penelitian ini yaitu, terdapat Mahasiswa STAIMA Al-Hikam, Malang merasakan adanya tekanan dalam pertemanan (*circle*), pemaksaan, dipandang sebelah mata maupun kekerasan dalam sebuah hubungan, hal ini menunjukkan bahwa adanya hubungan yang kurang sehat. Hubungan yang kurang sehat dapat muncul dari hubungan antar teman, sahabat, keluarga, orang tua maupun hubungan tanpa status. Sehingga penelitian ini bertujuan untuk mengetahui ada tidaknya pengaruh harga diri terhadap *toxic relationship* Mahasiswa STAIMA Al-Hikam, Malang. Pendekatan penelitian ini menggunakan pendekatan kuantitatif. Populasi dalam penelitian ini adalah Mahasiswa STAIMA Al-Hikam, Malang sebanyak 214 Mahasiswa. Sampel pada penelitian ini sebanyak 140 Mahasiswa Prodi Manajemen Pendidikan Islam dengan menggunakan Teknik *Simple Random Sampling*. Alat ukur yang digunakan dalam pengumpulan data menggunakan skala harga diri dan skala *toxic relationship*. Teknik analisis menggunakan analisis regresi sederhana. Adapun hasil analisis data uji korelasi (r) sebesar sebesar 0.331 yang artinya arah hubungan harga diri dengan *toxic relationship* kategori rendah. Hasil penelitian ini menunjukkan ada pengaruh harga diri terhadap *toxic relationship* Mahasiswa STAIMA Al-Hikam, Malang. Hal tersebut ditunjukkan dengan perhitungan uji-F dengan nilai F-hitung sebesar 21,942 > F-tabel 3,91. Dengan demikian F-hitung >3.91 dinyatakan ada pengaruh harga diri terhadap *toxic relationship*. Dengan demikian hipotesis yang menyatakan ada pengaruh harga diri dengan *toxic relationship* “diterima” dengan distribusi koefisien determinan (r^2) sebesar 0,11%.

Kata Kunci: Harga diri, *Toxic relationship*, Mahasiswa